**True Happiness**

**by Gabriell Davis (Monday, March 20, 2006)**

*The warmth of the sun,*

*The touch of your hand,*

*The waves against my feet,*

*This is true happiness.*

*My father’s smile,*

*My mother’s laughter,*

*My brother’s love,*

*This is true happiness.*

*Making you laugh,*

*Making you smile,*

*Making you see that there’s more to me,*

*This is true happiness.*

*Doing this,*

*Writing,*

*Feeling, emoting,*

*This is true happiness.*

*Dancing, but not only dancing,*

*Giving it my whole, my being,*

*Becoming the dance,*

*This is true happiness.*

*Seeing your face when you realize*

*That I’m always me, with or without you.*

*Me realizing that I don’t need you.*

*This is true happiness.*

Source: https://www.poemhunter.com/poems/happiness/page-1/2835787/

**Happiness**

**by Tangerine (June 2014)**

*We waste most of the time,*

*trying to find that one thing we all desire,*

*happiness.*

*But what we all do not know is,*

*happiness lies in everything,*

*even the littlest things.*

*Happiness lies in a beautiful day,*

*where the sun is up,*

*and the sky is in a shade of blue.*

*Happiness lies in the people we love,*

*a lover,*

*a friend,*

*a family member.*

*Happiness lies in a good cup of coffee,*

*and a friend we share lovely conversations with.*

*Happiness lies in wonderful moments,*

*Happiness lies in music,*

*the ones we dance and sing along to.*

*Happiness lies in someone's laughter,*

*and a smile so bright,*

*it shines one's heart.*

*Happiness lies in everything surrounding us.*

Source: https://hellopoetry.com/words/happiness/