



Detailed Lesson Plan (DLP) Format

DLP No.:	Learning Area:	Grade Level:	Quarter:	Duration:	Date:
2	PE	1	1st	40 mins.	
Learning Competency/ies: <i>(Taken from the Curriculum Guide)</i>		Creates shapes by using different body parts.		Code: PE1BM-Ic-d-2	
Key Concepts / Understandings to be Developed		The body can do many things. Aside from the hand, our body can create shapes using our body language.			
Domain	Adapted Cognitive Process Dimensions (D.O. No. 8, s. 2015)	OBJECTIVES:			
Knowledge <i>The fact or condition of knowing something with familiarity gained through experience or association</i>	Remembering	Discuss the different body parts and its function.			
	Understanding				
Skills <i>The ability and capacity acquired through deliberate, systematic, and sustained effort to smoothly and adaptively carryout complex activities or the ability, coming from one's knowledge, practice, aptitude, etc., to do something</i>	Applying	Create shapes using body movement.			
	Analyzing				
	Evaluating				
	Creating				
Attitude	Valuing	Follow safety precaution in moving the body parts.			
Values	Valuing	Appreciate God's given gift (which is the body)			
2. Content		Creating Shapes Through Body Movements			
3. Learning Resources		MISOSA 4-module 4, chart, pictures			
4. Procedures					
4.1 Introductory Activity		Drawing shapes using body movement. Sing the song head, shoulders, knees and toes.			
5	minutes				
4.2 Activity		Call pupils to draw shapes in the air using the pointed finger like triangle, square, circle What else your body can do?			

10	minutes	Divide the class into 3 groups. Let each group discuss and demonstrate one shape using body movement. Ex. Group 1 circle - using head Group 2 triangle - using knees Group 3 square - using hips		
4.3	Analysis	5	minutes	Base on the activity, how did you use your body parts in creating some shapes? Did you enjoy doing the activity?
4.4	Abstraction	5	minutes	The body can do many things. Aside from the hand, our body can create shapes using our body language. Why do we have to take extra care in moving our body? Are you satisfied what God gave you? Why?
4.5	Application	8	minutes	Divide the class into 3 groups. Slow group: Draw the shape (circle, triangle, square, rectangle) Average group: Match the shape by its pictures. Fast group: Write the initial letter of your name using the body movements.
4.6	Assessment	5	minutes	Anlysis of Learners' Products Performing the shapes. Each individual execute different shapes using the body.
4.7	Assignment	2	minutes	Preparing for the new lesson Draw different shapes in your notebook and color it.
4.8	Concluding Activity	2	minutes	Our body is the temple of God.
5. Remarks				
6. Reflections				
A. No. of learners who earned 80% in the evaluation.				C. Did the remedial lessons work? No. of learners who have caught up with the lesson.
B. No. of learners who require additional activities for remediation.				D. No. of learners who continue to require remediation.
E. Which of my learning strategies worked well? Why did these work?				
F. What difficulties did I encounter which my principal or supervisor can help me solve?				
G. What innovation or localized materials did I use/discover which I wish to share with other teachers?				
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