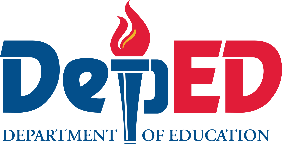


**10 Commandments in Teaching Competencies**

1. **Love your work with all your heart, with all your mind, with all your being.**
2. **Know your goal and objectives.**
3. **Know your students. By doing so you will be in a better position to organize learning.**
4. **Master your subject matter and always be prepared with your DLP.**
5. **Read and study for professional growth.**
6. **Start every lesson with some forms of motivation.**
7. **Use instructional materials to maximize effectively the learning process.**
8. **Utilize the best teaching technique appropriate for your class for a particular type of subject matter.**
9. **Evaluate and appriase students effort with clinical precision.**
10. **Remember that teachers’ competence lies not only in looking your best or feeling your best – but doing your best.**

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